Recite the Shema

אֶלָּה יְהוָה יִשְׂרָאֵל יְהוָה עֹז בְּבֵין אַרְגֵּנָתֵי בְּשִׁכְתָּה בְּכִיָּהּ שְׁלֹשֶׁת

Hear, O Israel, the LORD our God, the LORD is one. And you shall love the LORD your God with all your heart and with all your soul and with all your strength, and they will be the words that I command you today upon your heart.

The words and they will be your strength and with all your soul and with all your heart today command you I that (the) these

and you shall bind them and in your rising up and in your lying down in the way and in your walking

and they will be on your hand for a sign and on your gates (of) your house the doorposts upon and you shall write them

and the future for this age His glorious kingdom (the) name (of) blessed (is)

a faithful king God (is)

Keriat Shema Aleph: Deut. 6:4-9 www.hebrew4christians.com