Psalm 62:8

Mizmor Samech-Bet, pasuk Chet

Pour out your heart before Him....

God is a refuge for us
pour out your heart to him
trust in him at all times, O people

"Trust in him at all times, O people; pour out your heart to him; God is a refuge for us." (Psalm 62:8)

Sefer Tehillim:

Pour out your heart before Him...