



# Psalm 105:4

*Mizmor Qof-Hey, pasuk Dalet*

דַּרְשׁוּ יְהוָה וְעִזּוּ בִּקְשׁוּ פָנָיו תָּמִיד:

*Seek the LORD and his strength...*

תָּמִיד	פָּנָיו	בִּקְשׁוּ	וְעִזּוּ	יְהוָה	דַּרְשׁוּ
tah'-meed'	fah-nahv'	ba'-ke'-shoo'	ve'-oo'-zoh'	Adonai	deer'-shoo'
תָּמִיד - adv "always, daily, constantly, continually" fr > מוֹד v "extend, expand"	פָּנָה - mpl c "front, face" ל - 3ms fx פָּנִים - n "inside, core" פָּנָה - v turn	בִּקְשׁוּ - v "request, seek, call for, ask, petition, demand, want, desire" piel imp 2mpl בִּקְשׁוּ	וְ - "and" עִזּוּ - n ms "strength, power" ל - 3ms sfx עִזּוּ - v	יְהוָה - n abs "YHWH" fr > הָיָה - "to be" וַיְבֹא הוּא אֱהִיָּה - I am	דַּרְשׁוּ - v "search, inquire, study, explore, discuss, examine, seek carefully" qal imp 2mpl דַּרְשׁוּ
ask for his presence always / at all times			seek the LORD and his strength		

דַּרְשׁוּ יְהוָה וְעִזּוּ בִּקְשׁוּ פָנָיו תָּמִיד:

"Seek the LORD and his strength;  
ask for his Presence at all times." (Psalm 105:4)

ζητήσατε τὸν κύριον καὶ κραταιώθητε  
ζητήσατε τὸ πρόσωπον αὐτοῦ διὰ παντός (LXX)

*Sefer Tehillim:*

דַּרְשׁוּ יְהוָה וְעִזּוּ  
בִּקְשׁוּ פָנָיו תָּמִיד

For audio, visit the Hebrew for Christians website.



**Psalm 105:4**

דַּרְשׁוּ יְהוָה וְעִזּוֹ

**Seek the LORD and His strength;**

בִּקְשׁוּ פָנָיו תָּמִיד:

**ask for His Presence always.**