Friday Night Kiddush

Candle Lighting...

Sabbath candles are kindled by the woman of the house no later than 18 minutes before sundown on Friday evening (i.e., before Shabbat begins). First she lights the candles and then recites the following blessing:

"Blessed are You, LORD our God, King of the universe, who sanctified us with his commandments, and commanded us to be a light to the nations and who gave us Yeshua our Messiah the Light of the world."

Kiddush for Shabbat

Normally Kiddush is recited by the father of the household while holding a cup of wine. First he recites Genesis 1:31-2:3 as a declaration to bear witness that God created the world and everything in it. Note that the first four words are customarily recited in an undertone:

"And the evening and the morning were the sixth day. Thus the heavens and the earth were finished, and all the host of them. And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made." (Gen. 1:31-2:3)
After this, he thanks God for the gift of the Sabbath day:

**Part Two:**

"Blessed art Thou, Adonai our God, King of the universe, Who creates the true fruit of the vine - Yeshua." [Respond: Amen]

"Blessed are You LORD, King of the Universe, who made us holy with his commandments and favored us, and gave us His holy Sabbath, in love and favor, to be our heritage, as a reminder of the Creation. It is the foremost day of the holy festivals marking the Exodus from Egypt. For out of all the nations You chose us and made us holy, and You gave us Your holy Sabbath, in love and favor, as our heritage. Blessed are you LORD, Who sanctifies the Sabbath." [Respond: Amen]

**Note:** After this blessing is recited, it is customary to give each person present some wine from the Kiddush cup...

**Blessing for the Challah...**

"Blessed are You, Lord our God, Master of the universe, Who gives us the Living Bread from heaven." [Amen]