



# Shehakol Niheyah -

By His Word God brings forth all...

כִּי-בוֹ נִבְרָאוּ כָל-אֲשֶׁר בַּשָּׁמַיִם וְאֲשֶׁר בָּאָרֶץ הַנִּגְלוֹת וְהַנְסְתָרוֹת אִם  
בְּסִמּוּת וּמְנַשְׁלוֹת אוֹ כָל-נוֹשְׂרָה וְשִׁלְטוֹן כָּלֵם בּוֹ וְלִמְעַנּוֹ נִבְרָאוּ:

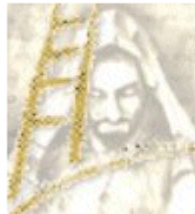
*For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities - all things were created through him and for him. - Col 1:16*

In traditional (i.e., Rabbinical) Judaism, the *Shehakol* blessing is usually recited over meat, dairy products, and drinks (other than wine), functioning as a general blessing that covers a variety of different food groups. The Messianic version provided here is not restricted to eating of foods, but instead identifies Yeshua as *devar Elohim* - the Word of God - the Instrumentality of G-d's creative power in the universe.



The blessing ends with reference to the Name and Blood of Yeshua, who is the Mediator of the better covenant, based on better promises (Hebrews 8:6).

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הַשָּׁמַיִם  
שֶׁהַכֹּל נִהְיָה בְּדַבְּרוֹ  
שֶׁהַכֹּל בְּרָא לְכַבוֹדוֹ  
שֶׁתָּמִיד זֹכֵר בְּרִיתוֹ  
שֶׁכָּחוּ מַלְאֲכֵי הַשָּׁמַיִם  
בְּשֵׁם וּבְדַם יֵשׁוּעַ מְשִׁיחֵנוּ: אָמֵן



*Blessed are You, LORD our God, King of the universe,  
Who brings about everything by His Word, Who creates all for His glory,  
Who always remembers His covenant, Whose power fills the Universe,  
In the Name and Blood of Jesus our Messiah: Amen.*

*Barukh Attah Adonai Eloheinu Melekh ha'Olam,  
Shehakol Niheyah Bidvaro, Shehakol Bara Likhvodo  
Shetamid Zokheir B'rityo, Shekhocho Malei Ha'Olam,  
B'Shem u'VaDam Yeshua Meshicheinu. Amen.*



The Messiah was named “Yeshua” since He came to save [Hebrew: *yeshua*] His people from their sins (Matthew 1:21). Yeshua did what the animal sacrifices only foreshadowed in the Torah but never finally accomplished (Hebrews 2:9, Revelation 5:9, Colossians 1:21-22, 2 Timothy 1:10, 1 Timothy 2:3-6; 1 Peter 2:24, Hebrews 9:12-14a). As our Great High Priest after the order of *Malki-Tzedek*, Yeshua took our sins upon Himself, mysteriously becoming the Sin Bearer of humanity, and was crucified on our behalf so that blood atonement with a holy God would be forever accomplished.

כִּי־הֵדָם הוּא בִּנְפֹשׁ יִכְפֹּר

*for it is the blood that maketh  
an atonement for the soul. Lev 17:11*

By means of His ultimate sacrifice, then, God reconciled the world to Himself in Messiah, not counting their sins against them (see Isaiah 53:5, 1 Corinthians 15:3, John 1:29, 2 Corinthians 5:21, 2 Corinthians 5:19).

**Transliteration:**

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

ha'olam me-lekh e-lo-heynu adonai at-tah ba-ruk  
*the universe king (of) our God Lord are you Blessed*

שֶׁהַכֹּל נִהְיָה בְּדַבְּרוֹ, שֶׁהַכֹּל בָּרָא לְכְבוֹדוֹ,

likh-vo-do bara she-ha-kol bid-va-ro ni-he-yah she-ha-kol  
*Who creates all for His glory Who brings about everything by His Word*

שֶׁתְּמִיד זֹכֵר בְּרִיתוֹ, שֶׁכְּחוֹ מַלְא הָעוֹלָם,

ha'o-lam ma-lei she-kho-cho b'ri-to zo-kheir she-ta-mid  
*Whose power fills the Universe Who always remembers His covenant*

בְּשֵׁם וּבְדָם יֵשׁוּעַ מְשִׁיחֵנוּ אָמֵן.

amein m'shi-chei nu Ye-shu-a u-vad-dam b'shem  
*Amen In the Name and Blood of Jesus our Messiah*